


# Seven-Question Depth of Friendship Assessment

Friend: \_\_\_\_\_



**What's Your Story?**

- The Facts
- The Themes
- The Plot Twists
- The Life-Shaping Events
- The Point of Your Story



**What's Good?**

- Your Talents
- Your Quirks
- Your Roles
- Your Sacrifices
- Your Character



**What's Hard?**

- The Flipside of Your Strengths
- Your Current Life Challenges
- The Fall Around You
- The Fall Within You
- What You've Never Told Anyone



**What's Bad?**

- Your Respectable Sins
- Your Most Prevalent Idols
- Your Go-To Escapes
- Your Code-Orange Sins
- Most Likely to Shipwreck Your Life



**What's Fun?**

- What Brings You Joy
- Why You Enjoy These Things
- Can I Try It Too?
- Sacrificing for Your Joys
- Feeling Your Joy



**What's Stuck?**

- When Your Ruts Were Life-Giving
- When the Color Began to Fade
- When Guilt and Duty Took Over
- How You're Stuck in Stubbornness
- How You're Stuck in Shame



**What's Next?**

- The Dreams That Got You Here
- The Dream You're Working On
- The Dream That's Fading
- The Dream for the Next Season of Life
- The Dream You Are Afraid to Say