



COUNSELING SEXUAL ABUSE STUDY GROUP

Every other Wednesday morning from 7:15 to 8:00 from February to May 2013 there will be a study group that discusses the book *On the Threshold of Hope* written by Diane Langberg (213 pages).

This will be in preparation for a weekend sermon (May 18/19) by Clayton King on the subject of sexual abuse. The goal is for our counseling team (Bridgehaven and interns) and pastoral staff to be prepared to offer gospel-hope for this tragic, life-changing form of suffering.

All Summit staff and spouses are encouraged to attend. Those participating are expected to purchase their own copy of the book and come having read the assigned chapter. The time will be a discussion based led by Brad, not a lecture.

The schedule for this reading group will be:

- February 6 – Chapters 1-3 *Getting Started & Preparing for Journey*
- February 20 – Chapters 4-5 *A Testimony & Word to Survivors*
- March 6 – Chapters 6-7 *Learning to Tell Your Story*
- March 20 – Chapter 8-10 *Terminology & Trauma*
- April 3 – Chapters 11-12 *Family & Social Dynamics*
- April 17 – Chapters 13-14, 18-19 *Damaged/Healing Body & Emotions*
- May 1 – Chapters 15-16, 20-21 *Damaged/Healing Mind & Relationships*
- May 15 – Chapters 17, 20 *Damaged/Healing Spirit*
- May 29 – Chapters 23-25 *Walking Alongside a Survivor*

Attendance is not required every week, but if you start coming you won't want to miss. This subject affects at least 40% of people (1 in 4 women; 1 in 6 men report abuse). We must be able to minister the gospel to this need!

"If you preach the gospel in all aspects with the exception of the issues that deal specifically with your time, you are not preaching the gospel at all." Martin Luther

Other recommended books that will be referenced but not required are: (1) *Counseling Survivors of Sexual Abuse* (287 pages) by Diane Langberg, (2) *Recovering from Child Abuse* (24 pages) and *Sexual Assault* (31 pages) by David Powlison, and (3) *Rid of My Disgrace* (209 pages) by Justin & Lindsey Holcomb.

This reading group will meet in BCS Suite 101 unless attendance requires us to move to the Bay.



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