

Month: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Consider
—	—	—	—	—	—	—	Good Dinner Conversations
—	—	—	—	—	—	—	Hospitality (Neighbors & Small Group)
—	—	—	—	—	—	—	Healthy & Variety of Foods
—	—	—	—	—	—	—	Date Nights
—	—	—	—	—	—	—	Avoid Consecutive Evenings Apart