

Time Budget (Blank)

Activities	Type				Time		Changes Needed
	Essential	Energy Giving	Energy Taking	Planned Generosity	Hours Required in 7 days (168)	Hours Required in 28 Days (672)	How to Make Needed Changes
Nightly Sleep							Start with 50/week or 200/month
Family							Minimum 17 hours/week
Work							
Maintenance							
Recreation							
Ministry							
Spontaneous generosity							If no time put here, then always "in the way"
Other							
Miscellaneous					9	35	5% for general inefficiency of life
Total Time I've Planned							
Time God Has Provided					168	672	